# Development of porous  $HAp$  and  $\beta$ -TCP scaffolds by starch consolidation with foaming method and drug-chitosan bilayered scaffold based drug delivery system

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Abstract The inability to maintain high concentrations of antibiotic at the site of infection for an extended period of time along with dead space management is still the driving challenge in treatment of osteomyelitis. Porous bioactive ceramics such as hydroxyapatite (HAp) and beta-tri calcium phosphate ( $\beta$ -TCP) were some of the alternatives to be used as local drug delivery system. However, high porosity and high interconnectivity of pores in the scaffolds play a pivotal role in the drug release and bone resorption. Ceftriaxone is a cephalosporin that has lost its clinical popularity. But has recently been reported to exhibit better bactericidal activity in vitro and reduced probability of

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J. M. F. Ferreira e-mail: jmf@ua.pt resistance development, in combination with sulbactam, a  $\beta$ -lactamase inhibitor. In this article, a novel approach of forming HAp and pure  $\beta$ -TCP based porous scaffolds by applying together starch consolidation with foaming method was used. For the purpose, pure HAp and  $\beta$ -TCP were prepared in the laboratory and after thorough characterization (including XRD, FTIR, particle size distribution, etc.) the powders were used for scaffold fabrication. The ability of these scaffolds to release drugs suitably for osteomyelitis was studied in vitro. The results of the study indicated that HAp exhibited better drug release profile than  $\beta$ -TCP when drug was used alone indicating the high influence of the carrier material. However, this restriction got relaxed when a bilayered scaffold was formed using chitosan along with the drug. SEM studies along with EDAX on the drug-chitosan bilayered scaffold showed closest apposition of this combination to the calcium phosphate surface.

# 1 Introduction

The inability to maintain high concentrations of antibiotic at the site of infection for an extended period of time is considered as the major reason for failures in osteomyelitis treatment [[1,](#page-13-0) [2](#page-13-0)]. Rational approach for osteomyelitis treatment often combines local delivery of antimicrobials following surgery. Though local delivery offers several advantages including higher concentrations of drugs available at the target site with reduced adverse effects; the surgical procedure resulting in bone defect persists as a problem [\[3](#page-13-0)]. Implant material, viz. antibiotic-impregnated acrylic bone cement beads has shown various problems like requirement for removal of the beads at the later stages, thermal damage to some antibiotics, poor and

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incomplete drug elution and persistence of bacterial growth on the implant itself [[4–6\]](#page-13-0).

Porous Hydroxyapatite (HAp) and/or Beta-tri calcium phosphate  $(\beta$ -TCP) have been widely used as a bone substitute materials having drug delivery ability because of their excellent biocompatibility, osteoconductive and osteoinductive properties [\[7–12](#page-13-0)]. Ideally, HAp used for sustained release of drug to bone should have both large pores ( $\sim$ 100 µm) to allow bone ingrowth into the pores of HAp and small pores to facilitate the slow release of drug [[13\]](#page-13-0). Bioactive materials with open porosity and pore diameters greater than  $\sim$  100 µm can allow bioactive fixation, with direct attachment by chemical bonding with the bone  $[14-16]$ . There are some general problems exist in controlling the parameters to obtain porous ceramics with desired pore structure and component dimensions [\[17](#page-13-0)]. Recently "starch consolidation", that uses starch granules as pore formers and consolidator agent has been introduced that gives good homogeneity of the consoli-dated bodies [[18,](#page-13-0) [19](#page-13-0)]).

Various classes of antibiotics as cephalosporins, fluoroquinolones,  $\beta$ -lactams, glycopeptides etc., have been studied for their effectiveness against osteomyelitis. It has been reported that cephalosporins is not appreciably effective in osteomyelitis due to the  $\beta$ -lactamase production of the main causative agent, Staphylococcus aureus. Ceftriaxone is a cephalosporin that has lost its clinical popularity. But has recently been reported to exhibit better bactericidal activity in vitro and reduced probability of resistance development, in combination with sulbactam, a  $\beta$ -lactamase inhibitor [\[20](#page-13-0)]. Therefore it has been assumed that this combination in the treatment of orthopedic infections or in the development of local drug delivery may be ideal to establish their respective effectiveness. On the other hand, chitosan, a biocompatible polysaccharide composed of glucosamine and N-acetyl glucosamine linked with  $\beta$  1–4 glucosidic linkage, has been studied in many biomedical fields, including tissue engineering for bone, blood vessel and nerve [[21–23](#page-13-0)]. In order to improve the bioactivity of chitosan in bone tissue engineering and get mouldable HAp-contained materials, i.e. for osteochondral approach, chitosan/nano-HAp composite/bi-layered scaffolds have been reported [[24\]](#page-13-0). Nevertheless, its efficacy for sustained release of drugs has not thoroughly been studied.

In the present investigation, therefore, a systemic attempt has been made to fabricate highly interconnected HAp and  $\beta$ -TCP based porous scaffold for drug delivery by applying together starch consolidation and foaming method. A bilayered coating was also provided to the pore surfaces of some samples using chitosan and  $\beta$ -lactamase– cephalosporin derivative to assess their effect on sustained drug releasing.

#### 2 Materials and methods

#### 2.1 Synthesis of different calcium phosphate powders

Pure hydroxyapatite and  $\beta$ -TCP were synthesized in the laboratory by following a simple wet chemical method using analytical reagent grade calcium hydroxide  $[Ca(OH)<sub>2</sub>]$  (Central Drug House, India) and ortho-phosphoric acid  $(H_3PO_4)$  (Ranbaxy Lab. Ltd., India) for HAp and calcium carbonate  $(CaCO<sub>3</sub>)$  (Sigma–Aldrich, USA) and  $H_3PO_4$  for  $\beta$ -TCP as the sources of calcium and phosphorous for the powders respectively. Initial raw materials were mixed in order maintain the Ca/P ratios of about 1.67 and 1.50 for HAp and  $\beta$ -TCP respectively which should produce stoichiometric HAp and  $\beta$ -TCP after calcination at  $1000 \degree C$ . The details of the process have been published elsewhere [\[25](#page-13-0), [26\]](#page-13-0). The filtered cake thus obtained was first dried in an air oven for 24 h at 100  $^{\circ}$ C, ground and characterized. Calcinations were carried out  $1000 \, \degree$ C for both the powders which were used subsequently for fabrication of porous scaffolds. Some powder samples were fired at 1200 and 1250  $\degree$ C for HAp and  $\beta$ -TCP respectively for assessment of phases.

# 2.2 Powder characterization

# 2.2.1 X ray diffraction (XRD) and Fourier transformed infra-red spectroscopy (FTIR)

The phase composition, degree of crystallinity, crystallite size, etc. of the powders calcined at different temperatures were analyzed by XRD (Philips Analytical B.V., X'Pert Pro, Netherlands) powder diffractometer. Continuous data were collected over the  $2\theta$  range  $20-60^\circ$ , using monochromatic Cu  $K_{\alpha 1}$  radiation (operating conditions being 30 mA and 40 kV and wavelength of  $1.5406$  Å), with a step size of  $0.017^{\circ}$  and a count time of 10.34 s. The diffraction patterns were compared with the database of Joint Committee on Powder Diffraction Standards Powder Diffraction Files (JCPDS PDFs). FTIR was used to ascertain the functional groups present and stereochemistry of the powders calcined at different temperatures. The alkali halide disk technique was employed and middle-IR spectra  $(4000-400 \text{ cm}^{-1})$  were obtained with a double beam spectrophotometer (Spectrum 100, Perkin-Elmer, USA) with  $\pm$  2 cm<sup>-1</sup> resolution.

# 2.2.2 Particle size distribution (PSD) and specific surface area (SSA) by BET method

Calcined powders (1000 °C) were planetary milled (PM400, Retsch, Gernmany) in a zirconia container in propanol medium for 4 h to reduce particle size and <span id="page-2-0"></span>increase of surface area. The powders before and after milling were suspended in ultra-pure water obtained from Milli-Q system (Milli-Q Academic Century, ZMQS50001, China) (0.20 g in 20 c.c.) by using a high intensity ultrasonic probe (Electronic Industries, India) operated at 20 kHz with power 100 W for 4 h and subsequently particle size distribution was measured by a particle size analyzer (Micromeritics Sedigraph 5100, USA. Specific surface area (SSA, and average particle size calculated from these values) of the powders  $(S<sub>BET</sub>)$  was measured using multi point BET method (Micromeritics ASAP2010, USA).

# 2.2.3 Surface charge analysis

Surface charge in terms of zeta potential of the powder (calcined powders fired at 1000) suspensions were estimated for optimization of the slurries/suspensions for direct consolidation casting and assessing the interaction between these particles and drug/chitosan. Zeta potential of different calcium phosphate particles were determined with a Coulter Delsa 440 SX, USA using suspensions containing 0.01 wt% of different particles in a  $10^{-3}$  M KCl solution. The measurements were taken as a function of pH at 20  $^{\circ}$ C. The pH was adjusted with 0.1 M KOH and 1 M HCl solutions for basic and acidic conditions respectively.

#### 2.3 Fabrication of porous scaffolds

#### 2.3.1 Slip preparation

Anionic dispersant (Dispex N40, Ciba Specialty Chemicals Inc. U.K.) was used to deflocculate both HAp and  $\beta$ -TCP suspensions and this was chosen based on a pilot study with the effect of dispersant on electrophoretic, sedimentation and viscosity properties, the description of which has been published elsewhere [\[27](#page-13-0), [28\]](#page-13-0). During the optimization of deflocculation of the suspension, pH was varied using aqueous solutions of 1 M HCl and 0.1 M KOH. Rheological property measurements of each slip batch through zeta potential and viscosity indicated that 45 vol% solid loading with  $0.8-1.2$  wt% of dispersant was required for optimum deflocculation and sufficient flow ability for HAp and  $\beta$ -TCP and this slurry was used subsequently for fabrication of porous body.

# 2.3.2 Porous sample preparation and characterization

Etherified potato starch modified by hydroxyl-propylation and cross linking (TRECOMEX AET1, Lyckeby Starkelsen AB, Sweden) of 10 vol% of solid content was added to the stock suspension (45 vol%) prior to the incorporation of the foaming agents to act as pore former and binder of the



Fig. 1 Heating schedule for sintering of HAp and  $\beta$ -TCP porous scaffold

green body. On heating the suspension in the range 55–80  $\degree$ C, the starch granules start to absorb water from the surroundings, undergoing a rapid and irreversible swelling [\[19](#page-13-0)].

Combination of foaming agents like foam-bath concentrate (FBC; Dibel, S. A., Porto, Portugal) and Sodium Lauril Sulphate (SLS; Texapon k12, V.P., Lisbon, Portugal) were added to the slip in different weight fractions. The slurries were homogenized through mechanical stirring and finally poured into a closed silicon mould, consolidated at 80 °C for 1 h, de-moulded and dried at 60 °C for 24 h, and further at 110  $\degree$ C for 24 h. The dried samples were sintered according to the heating schedule, given in Fig. 1.

Physical properties of the porous blocks like percentage of porosity, bulk density of the sintered samples were determined using Archimedes' water displacement method while microstructure and pore morphology was observed by scanning electron microscopy (SEM; Leo 430i Steroscan, U.K.). The samples were mounted and sputter-coated with gold–palladium having a coating thickness  $\sim$  6 nm to reduce charging and to improve the image quality prior testing. Compressive strength of the samples (with length:diameter  $\sim$  2:1) were also measured by an Instron (UTM 5500R, Instron, USA) following ASTM C773 standard [[29\]](#page-13-0) with a crosshead speed of 1 mm/min.

#### 2.4 Preparation of drug delivery system

In the present investigation, porous HAp and TCP samples having 10 mm dia.  $\times$  10 mm length were infiltrated with a combination of antibiotic drugs (ceftriaxone sodium and sulbactum sodium in 2:1 w/w ratio, hereinafter the composite drug would be designated as CFS). In a 500 mg/ml

Table 1 Sample details and designation

| Name    | Details                                   |
|---------|---|
| Gr. I   | Only-drug loaded HAp sample               |
| Gr. II  | Only-drug loaded TCP sample               |
| Gr. III | Bi-layered (drug and chitosan) HAp sample |
| Gr. IV  | Bi-layered (drug and chitosan) TCP sample |

concentrated solution of said drugs, porous bioceramic scaffolds were soaked and vacuum infiltrated under high vacuum  $(10^{-3}$  Torr) for of 1 h and subsequently freeze dried at a temperature of  $-80$  °C for 4 h. The amount of drug loaded was calculated from the weight gain of the respective samples. A 0.5 wt% chitosan solution was prepared by dissolving chitosan of medium molecular weight (Aldrich, USA) and a degree of deacetylation of  $\sim 85\%$  in 0.2 M acetic acid solution. Some of the drug loaded porous scaffolds of both HAp and  $\beta$ -TCP were once again taken into cylindrical silicon moulds in which chitosan solution was also added. The impregnation was ensured after placing the silicone mould again under high vacuum for prolonged time and freeze-drying at  $-80$  °C up to 2 days to completely remove the frozen solvent. The chitosan was not cross-linked using some cross linker in this study. The samples were then divided into 4 groups and henceforth would be designated as Gr. I–IV, the details of which are given in Table 1.

#### 2.4.1 SEM and EDAX analysis

A section of these bi-layered (drug and chitosan) porous blocks was further characterized for microstructural evolution using SEM (Leo 430i Steroscan, U.K.). Depending on the samples' composition, microstructures were taken either in secondary electron or back-scatter electron mode. For assessment of the compositional variation along the interface energy-dispersive analysis of X ray (EDAX) was employed (spot size: 520 nm, SiLi detector and collection time: 45 s). Depending on the microstructure observed, either line-scan or area-scan of EDAX of the surface was performed. Carbon sputter coating of  $\sim$  15–20 nm thickness was given prior such observation of SEM–EDAX.

#### 2.4.2 Drug release study

Ceftriaxone sodium and sulbactum sodium release tests from different porous ceramic matrices (for all groups i.e. Gr. I to IV) were performed at  $37 \pm 2$  °C in phosphate buffer saline (PBS) at pH 7.4. Each drug loaded porous sample was immersed in 50 ml of dissolution medium in a polyethylene bottle. Aliquots (2 ml) of the 50 ml PBS were withdrawn at regular intervals (daily basis from day 1 to day 7 and subsequently with a gap of 7 days) up to 42 days from each flask and replaced with fresh phosphate buffer. The drugs have been quantitatively determined in the soup by means of a UV–Vis Spectrophotometer (Lambda 25, Perkin–Elmer, USA). The absorbance has been measured at a fixed wavelength: 240 and 270 nm (each data point is the mean of three values) characteristics of the above combined drugs. The spectrophotometer was calibrated prior using for estimation of eluted drug.

Meanwhile, the effect of chitosan on release profile from this composite drug has also been checked using the same UV–Vis spectrophotometer. Different amounts of chitosan  $(0.25-1 \text{ wt\%})$  were added to a constant concentration of drug (5  $\mu$ g/mL) and subsequently checked through UV–Vis at the same fixed wavelength: 240 and 270 nm.

# 3 Results and discussion

#### 3.1 Powder characterization

X ray diffraction of the powders prepared at 80  $\degree$ C together with the powders fired at 1000  $^{\circ}$ C and 1250 are given in Figs. [2](#page-4-0) and [3.](#page-4-0) XRD was carried out to show the changes of different crystalline parameters including percentage of phase, percentage of crystallinity and average crystallite size, etc. during the course of this heat treatment. The respective positions of the XRD peaks were compared with Joint Committee on Powder Diffraction Standards, Swarthmore, PA, USA (JCPDS) standard powder diffractions files (PDFs). XRD data analysis showed that in case of powder synthesized using calcium hydroxide and orthophosphoric acid as the starting materials and the same powder fired at different temperatures were primarily composed of single phase of hydroxyapatite, which was matched with PDF no. 09-0432 (Fig. [2a](#page-4-0)–c).

The as-dried powder intended to synthesize pure  $\beta$ -TCP, was primarily composed of calcium hydroxide phosphate and matched with PDF no. 74-0566, which was subsequently converted to pure  $\beta$ -TCP (matched with PDF no. 09-0169) when calcined at 1000  $^{\circ}$ C and thereafter at 1200, calcium pyrophosphate  $(\alpha$ -Ca<sub>2</sub>P<sub>2</sub>O<sub>7</sub>) (matched with PDF no. 09-0345). Quantitative percent phase/s present was calculated by internal standard method of XRD [\[30](#page-14-0)]. Required mass absorption coefficient values for  $\beta$ -TCP,  $\alpha$ -Ca<sub>2</sub>P<sub>2</sub>O<sub>7</sub> and mixtures of these two phases were taken as 95.5864, 76.9949 and 81.8298 respectively. Average crystallite size and degree of crystallinity of as-prepared and calcined powders were estimated from the relation-ships derived by Scherer [\[31](#page-14-0)] and Landi et al [[32\]](#page-14-0) and results are summarized in Fig. [4](#page-5-0). For samples containing an amorphous fraction, the percent crystallinity was determined as the sum of all the weight fractions of the

<span id="page-4-0"></span>Fig. 2 XRD of the powders for HAp. a As-prepared (H80), **b** calcined at 1000  $^{\circ}$ C (H1000) and c calcined at 1250  $^{\circ}$ C  $(H1250); (i)$  is the corresponding JCPDS PDF



Fig. 3 XRD of the powders for  $\beta$ -TCP. a As-prepared (T80), **b** calcined at 1000  $^{\circ}$ C (T1000) and c calcined at 1200  $^{\circ}$ C (T1200);  $(i)$  and  $(ii)$  are the corresponding JCPDS PDFs



<sup>2</sup> Springer

<span id="page-5-0"></span>

Fig. 4 Variation of percent of crystallinity and average crystallite size with temperature as calculated from the XRD patterns given in Figs. [2](#page-4-0) and [3](#page-4-0)

crystalline phases in the mixture, which will be less than unity. Degree of crystallinity of composite phase obtained for the TCP powders fired at  $1200\text{ °C}$  was calculated by taking the ratio of peak for coherent scattering to background (i.e. incoherent scattering) w.r.t. the standard material for  $\beta$ -TCP [\[33](#page-14-0)].

Degree of crystallinity was less in case of  $\beta$ -TCP than HAp at a particular temperature. This parameter has an effect for attachment of drug and/or chitosan and subsequently its elution in physiological fluid. It is generally expected that more the amorphous content (i.e. low degree of crystallinity) in a particular material more would be said organic attachment to the crystals of both HAp and  $\beta$ -TCP.

Lower degree of crystallinity for TCP was due to probable dissociation of  $\beta$ -TCP to  $\alpha$ -calcium pyrophosphate at higher temperature. Percentage of the secondary phase for TCP was calculated and found to be about 12% with  $\sim$ 23% amorphous phase. Crystallinity degree of the starting powders directly influences the densification behaviour and kinetics. As the crystallinity degree of the starting powder decreases, activation energy for grain boundary diffusion is lowered; in fact, the grain boundary moves with the aim of reducing its total extension influencing grain growth rate [\[32](#page-14-0)].

Figures 5 and [6](#page-6-0) show the FTIR spectrum of the powders calcined at different temperatures for both HAp and  $\beta$ -TCP respectively. The band assignments for the spectrum obtained at these different temperatures could be summarized in Table [2](#page-6-0). Very small hump at the wavenumbers 1454 and 1414  $\text{cm}^{-1}$  arose from vibrations of  $\text{CO}_3^2$  ions in Fig. 5a and b. The presence of carbon modes in the samples indicates the presence of impurity in these samples coming from the raw materials or the atmosphere during the preparation process which was not detected in the XRD pattern [\[34](#page-14-0)]. The peak almost disappeared upon firing at 1250  $\degree$ C. In every spectrum there was a circle marked around  $2362 \text{ cm}^{-1}$  which came from the atmosphere and hence ignored for subsequent interpretation processes. In case of  $\beta$ -TCP, the band at 1416 cm<sup>-1</sup> showing presence of  $CO<sub>3</sub>$  group which was introduced during the process of reaction. As-dried powder had some carbonate ions with a calcium deficient calcium phosphate phase. This defective calcium phosphate was converted into HAp or  $\beta$ -TCP depending on the thermal condition and atmosphere of firing. Again, HAp tends to transform into  $\beta$ -TCP on



Fig. 5 FTIR of the powders for HAp. a calcined at 1000 $\degree$ C (H1000) and b calcined at 1250 °C (H1250); Circle mark corresponds atmosphere  $CO<sub>2</sub>$ 

<span id="page-6-0"></span>



W avenum ber, cm

Table 2 Band assignments of FTIR spectrum given in Figs. [5](#page-5-0) and 6

| Wavenumber,<br>$cm^{-1}$ | Assignment/s   |  |
|--------------------------|--|--|
| 3700-3000                | H-O-H, Water of crystallization or adsorbed<br>water |  |
| 3580                     | $O-H$ , $(OH)$ group                                 |  |
| 1615                     | H-O-H, Water of crystallization or adsorbed<br>water |  |
| 1454, 1414               | $C-O$ of $CO3$ groups                                |  |
| 1119, 1098               | P-O and P-OH, $HPO4$ , and $PO4$ groups              |  |
| 1030                     | $P-O$ in $HPO4$ , and $PO4$ groups (stretching mode) |  |
| 965                      | P-O in $PO_4$ group                                  |  |
| 865                      | $P-OH$ stretching mode of $HPO4$ groups              |  |
| 630                      | O-H of OH group                                      |  |
| 600, 564                 | $P-O$ in $PO4$ groups (bending mode)                 |  |
| 525                      | $HO-PO_3$ bending mode in $HPO4$                     |  |

heating at 900 °C depending on the deficiency of calcium and based on the following reaction [[35,](#page-14-0) [36\]](#page-14-0):

Ca10<sup>x</sup>ðHPO4ÞxðPO4Þ<sup>6</sup><sup>x</sup>ðOHÞ<sup>2</sup><sup>x</sup> ! ð1 xÞCa10ðPO4Þ6ðOHÞ<sup>2</sup> þ 3xb Ca3ðPO4Þ<sup>2</sup> þ xH2O

where,  $x$  is the calcium deficiency. Carbonate content in the powder was disappeared as seen from Fig. 6a. Phosphate ions have four vibration modes viz.  $v_1$ ,  $v_2$ ,  $v_3$  and  $v_4$  [\[37](#page-14-0)]. The observed bands at 965 are  $v_2$  modes of phosphate ion, transmission bands corresponding  $v_3$  phosphate ion (1119) and  $1044 \text{ cm}^{-1}$ ) are also distinguishable from Fig. 6a. Bands at 601 cm<sup>-1</sup> corresponded  $v_4$  mode of phosphate ion [\[37](#page-14-0), [38](#page-14-0)]. Band positions like 2926 and 2854  $\text{cm}^{-1}$  resembled presence of OH functional group, which was not incorporated into the crystal structure [[39\]](#page-14-0). As before, in

every spectrum there was a circle marked around  $2362$  cm<sup>-1</sup> which came from the atmosphere and hence ignored for subsequent interpretation. Phosphate ion band characteristic for  $\beta$ -TCP at 945 cm<sup>-1</sup> was also evident.

#### 3.2 Characterization of slip and porous microstructure

Parameters such as the size, size distribution, and shape of the particles influence the compressibility and, hence, the packing density of the cast [[40\]](#page-14-0). Since particles with less than  $10 \mu m$  size with a proper distribution produces casts with a higher packing density, calcined (1000  $\degree$ C) HAp powder that had a bimodal size distribution was planetary milled to obtain a well-distributed suspension with median particle size  $\sim$  3.5 µm (Fig. [7](#page-7-0)a). The TCP powder (similarly calcined at  $1000 \degree C$ ) exhibiting a multi-modal particles size distribution was planetary ball milled to obtain a well-distributed one with median particles size  $\sim$  2.9 µm (Fig. [7b](#page-7-0)). Particle sizes calculated from specific surface area also confirmed the above results. The specific surface areas obtained from BET plots were found to be  $\sim 0.5$  and  $0.64 \text{ m}^2/\text{g}$  for HAp and TCP powders with corresponding particle sizes of 3.8 and 3.04  $\mu$ m respectively.

To avoid excessive shrinkage during densification slurries containing high volume fraction of particles is desirable. Accordingly, slurries with a 45 vol% solids were used in the present investigation. For casting porous layers, the same slurry with added starch, foaming and wetting agents, were dried at 55–80 °C. Wetting agents are surfactants (in this case FBC and SLS) added primarily to reduce the surface tension of water thereby improving the wetting of the particles by the liquid. The process was optimized and reported elsewhere [[41\]](#page-14-0). After drying and burning out the

<span id="page-7-0"></span>

Fig. 7 Particle size distribution of the powders (calcined at 1000  $^{\circ}$ C) both before and after milling used for starch consolidation work: a for HAp and **b** for  $\beta$ -TCP

Table 3 Physical properties of porous scaffolds used for subsequent fabrication of drug delivery system

| Sample            | Bulk density, g/c.c. | Apparent porosity, % | Closed porosity, $%$ | Compressive strength, MPa |
|-------------------|----------------------|----------------------|----------------------|---------------------------|
| H <sub>1250</sub> | 0.961                | 67.32                | 2.33                 | 30.2                      |
| T <sub>1200</sub> | .333                 | 55.74                | 2.16                 | 66.3                      |

organic component, the resulting green ceramic bodies were sintered at 1250° and 1200° respectively for HAp and TCP body following the schedule given in Fig. [1.](#page-2-0)

Physical parameters such as percent open porosity, closed porosity, bulk density of the samples fired at their sintering temperatures measured by Archimedes' water displacement method and compressive strength of the samples were given in Table 3.

To avoid excessive shrinkage during densification slurries containing high volume fraction of particles is desirable. Accordingly, slurries with a 45 vol% solids were used in the present investigation. For casting porous layers, the same slurry with added starch, foaming and wetting agents, were dried at  $55-80$  °C. At this stage, when the starch granules swell, it can be assumed that the surrounding particles (matrix) are compressed by the draining of water, forcing the particles closer to each other and, eventually, causing a flocculation process, which may assist the consolidation of the entire particulate suspension into a rigid body. At the same time the opening up of the starch granules gives an adhesion to the ceramic matrix which further contributes to the rigidity of the consolidated body. Wetting agents are surfactants (in this case FBC and SLS) added primarily to reduce the surface tension of water thereby improving the wetting of the particles by the liquid. The process was optimized and reported elsewhere. After drying and burning out the organic component, the resulting green ceramic bodies were sintered at  $1250^\circ$  and  $1200^\circ$  respectively for HAp and TCP body following the schedule given in Fig. [1.](#page-2-0)

SEM microstructures of the porous body fabricated using HAp and TCP powders are presented in Figs. 8



Fig. 8 SEM microstructures of porous HAp scaffold

and [9.](#page-8-0) More than 250 linear measurements were taken from each micrograph and converted to their actual dimension from the corresponding tag of each microstructure. Histograms thus obtained were plotted as function of pore size ranges and are given in Fig. [10a](#page-8-0) and b for HAp and  $\beta$ -TCP respectively. Spherical morphology together with highly interconnected ( $> 50 \mu m$ ) pores were observed in both the microstructures. Spherical nature was due to the structure of the foam in the green state.

It can be observed that over 90% of the total porosity consists of open and interconnected pores. This means that the fraction of closed pores is relatively modest if one considers that foaming methods tend to form essentially closed porosity [[42\]](#page-14-0). These results suggest that the pores

<span id="page-8-0"></span>

Fig. 9 SEM microstructures of porous  $\beta$ -TCP scaffold

left by the burning out of starch granules enhance pore interconnectivity. This also proves the suitability of combining the foaming method with the starch consolidation method to achieve the desired goals in terms of porous microstructure. However, pore size and pore interconnectivity also increases with amount of foaming agent. Porous solids can be divided into two major class according to Gibson and Ashby, viz. foams and honeycombs [\[43](#page-14-0)]. Irrespective of the structure of pore high degree of porosity is always desirable to accommodate the mass transfer as well as tissue development with low volume fraction of scaffold. Macropores  $(50 \mu m)$  in an appropriate scale influence tissue function while micropores  $(<50 \mu m)$ influence the cell function (for example, cell attachment) as mammalian cells are typically of 10–20 µm in size. Pore interconnectivity is another very important factor often overlooked before scaffold design [[44–46\]](#page-14-0). Interconnected pores influence more critically than pore size alone. It should be suitably large to support cell migration and proliferation in the initial stages and then ECM infiltration of desired tissue. It is desirable that scaffolds for tissue engineering and drug delivery should have 100% interconnecting pore volume which ensure maximum diffusion

and exchange of nutrients (e.g. oxygen) and excretion of waste throughout the entire scaffold pore volume. The scaffold prepared for this investigation is almost ideal from the above point of views.

# 3.2.1 Characterization of drug and chitosan loaded samples

Figures [11](#page-9-0) I and II show the microstructure of chitosan and drug coated porous HAp scaffolds. Both crystalline microstructure of HAp and its closest approximated drug at the interface infused into the pores could be seen. Cracks were also visible at the drug surface. The interface could not be distinguishable. Line scan of EDAX was performed at the points from A to D of Fig. [11](#page-9-0) I to check the compositional variation across the interface. Corresponding graphs obtained after EDAX scan are given along with. At point A, there were abundance of the elements like S (sulphur), Na (sodium), etc. characteristics of the drugs, which were almost absent when the EDAX was taken at points B and C. These points corresponded the material (HAp in this case) with presence of peaks like Ca (calcium), P (phosphorus) and O (oxygen). H (hydrogen) could not be estimated by EDAX analysis. D was pointing towards the interface between the drug and the material, where elements corresponding the calcium phosphate and drug were present simultaneously. The presence of N (nitrogen) and C (carbon) peaks were from the mixed up chitosan in the drug. Chitosan and drug did not chemically react as evidenced by the UV–Vis spectroscopy measurements for the composite drug (ceftriaxone and sulbactum) and drug-chitosan mixture. Respective peaks for ceftriaxone and sulbactum were present even after this mixing process and pictorially represented in Fig. [12](#page-10-0).

Figures [13](#page-10-0) show the typical SEM microstructure of chitosan and drug coated porous  $\beta$ -TCP scaffolds. The drug was continuously adhered on the  $\beta$ -TCP pore surface. Cracks on the drug/chitosan composite surface layer are also visible. There was no interfacial gap existed.

Fig. 10 Pore size distribution calculated by analyzing SEM microstructures of a HAp given in Fig. [8](#page-7-0) and **b**  $\beta$ -TCP given in Fig. 9



<span id="page-9-0"></span>

Fig. 11 I and II: SEM micrographs of chitosan and drug coated porous HAp scaffolds. EDAX were taken at the points from A–D of Fig. 11 I and are given beneath

<span id="page-10-0"></span>

Fig. 12 UV–Vis Spectrophotometer of the samples to show the effect of chitosan on the composite drug. A and B are the characteristic peaks for ceftriaxone and sulbactum sodium, I, II, III and IV are the variation of chitosan concentration

Qualitative EDAX compositional variations were recorded from point A to B (line scan) on the microstructure and were given in the same figure. Variation of the elements like C, N, O, Na, P, S and Ca were recorded. There were maximum amounts of Ca and P and moderate O present in between points A and B, resembled the presence of calcium phosphate phase ( $\beta$ -TCP in this case) that could be seen as whiter part in the microstructure. Points A and B are drug-rich as S, Na and C were detected at these two extreme points when EDAX scans were taken. Nitrogen (N) was present throughout A–B as chitosan formed a film onto the pore surface throughout the microstructure.

Chitosan is a natural polymer which has many interesting physicochemical properties viz. it is polycationic,





Fig. 14 Variation of surface charge in terms of zeta potential for the powders calcined at 1250 and 1200 °C for **a** HAp and **b**  $\beta$ -TCP respectively with respect to pH

has reactive OH and  $NH<sub>2</sub>$  groups and biological properties viz. it is bioactive, biocompatible and biodegradable, recently known to have insecticidal and fungicidal activity too [\[47](#page-14-0)]. The unique chemical structure of chitosan, consisting of a linear polyelectrolyte chains with a high charge density having reactive hydroxyl and amino groups, confers them very good flocculent properties, which adhere to the negatively charged surfaces with biocompatible, nontoxic, biodegradable and fungicidal activities. The close apposition of this drug  $+$  chitosan combination to the calcium phosphates can be understood considering the predominant negative surface charge of these calcium phosphates in aqueous media within broad pH range. Figure 14 plots the zeta potential for HAp and TCP powders fired at 1250 and 1200  $\degree$ C, respectively, as function of pH.



Fig. 13 SEM micrographs of chitosan and drug coated porous  $\beta$ -TCP scaffolds. EDAX line scans were taken from points A–B. Compositional variation were considered for the elements like C, N, O, Na, P, S and Ca

<span id="page-11-0"></span>It was found that both these powders showed anionic nature in aqueous suspension and HAp had more surface potential in all the pH range than the corresponding  $\beta$ -TCP in water. This indicates that chitosan might have stronger affinity to HAp than to  $\beta$ -TCP. Zeta potential was particularly used for assessment of deflocculation characteristics while fabricating the porous calcium phosphate scaffold. However, this parameter was never discussed for its effect on drug attachment to the pore surface of HAp/TCP scaffold. In our study, HAp surface in aqueous media at the physiological pH (7.4), had a moderately higher negative zeta potential than TCP ( $\sim$ 37.9 vs. 27.2 mV) which was another factor responsible for better drug adhesion characteristics as evidenced from SEM photographs. Recently negative surface charges of HAp have been reported to influence apatite nucleation, rapid cell attachment and faster tissue ingrowth [\[48](#page-14-0)].

Many authors proposed the use of bilayered osteochondral constructs for the improved regeneration of cartilage defects [\[49](#page-14-0), [50](#page-14-0)]. The idea was to develop a single 3D porous structure that combines a mechanical support resembling the subchondral bone (bone-like layer) and to provide a chondrogenic support in the top for the repairing of cartilage (cartilage-like layer). Based on this approach, development of bilayered scaffolds combining HAp and CS layers are justified. Further, tissue engineering aims at developing tailored biomaterials which can also releasing capability of chemicals, drugs and growth factors at controlled kinetics [\[51](#page-14-0)]. According to Palazzo et al, a hoped goal is to produce a bone filling biomaterial with the appropriate architectural and mechanical properties realizing osteoconduction and osteoinduction through a controlled release of biological active molecules at the living tissue graft interface [[52\]](#page-14-0). Implantable delivery systems, with sustained drug release likewise may be an alternative

therapy for bone infection viz. chronic osteomyelitis. This implant permits an increase of the dose at the site of infection, decreasing the frequency or eliminating systemic side effects.

Chronic osteomyelitis in adults is very common in adults. Over time, a variety of conditions have been used to describe chronicity of osteomyelitis, viz., presence of draining sinus, prolonged disease duration and disease resistant to a course of antimicrobial therapy [\[53](#page-14-0)]. Drainage and debridement with long-term specific antimicrobial therapy are essential. The therapy include 4–6 weeks course of high-dose parenteral treatment directed at organisms. The regime was selected because that much time is required for bone to revascularize. A variety of  $\beta$ -lactam antimicrobials were successful. These are often given parenterally in high doses for  $\sim$  2 weeks and then may be given orally for a subsequent 3–4 week period. In this study, the said drug combination at a concentration of 500 mg/ml was employed for loading drugs in the porous scaffolds, as it was the concentration nearing saturation in the employed solvent at laboratory conditions [\[54](#page-14-0)].

# 3.3 In vitro drug elution study

Release profiles of the drugs ceftriaxone sodium and sulbactum sodium in PBS are plotted separately for HAp and  $\beta$ -TCP in Figs. 15 and [16](#page-12-0) respectively. The observed release period was taken from 4 to 42 days (the maximum duration period studied). In general there was a burst release observed from all the samples followed by a much reduced release profile. It was observed that chitosan coating had a significant effect on suppressing the burst effect and prolonging the release period. When comparing the release of different drugs from biomaterials, factors such as size, solubility and binding capacity should play a crucial role



Fig. 15 In vitro drug elution kinetics for a ceftriaxone sodium and b sulbactum sodium in PBS for HAp scaffolds (Gr. I and III)

<span id="page-12-0"></span>

Fig. 16 In vitro drug elution kinetics for a ceftriaxone sodium and b sulbactum sodium in PBS for  $\beta$ -TCP scaffolds (Gr. II and IV)

[\[55](#page-14-0), [56\]](#page-14-0). Obviously, the smaller molecules with greater mobility will easily pass through the pores. Accordingly, it is expected that sulbactam being a smaller molecule with molecular mass of 255.22 (in comparison to the molecular mass of 661.6 of ceftriaxone) would release faster. But, we observed that release of both the drugs were almost similar indicating higher bonding strength of sulbactam with the scaffold material. However, the release of both the drugs from HAp blocks were much slower than from  $\beta$ -TCP. Faster dissolution of  $\beta$ -TCP along with lower binding strength is responsible for these phenomena [[57\]](#page-14-0). The –COOH groups present in the drug molecule are primarily responsible for binding with ceramic biomaterials and the intensity of binding increases with the number of available carboxyl groups [[58\]](#page-14-0). Since both the studied drugs have just one carboxyl group available, it is evident from the release kinetics of drugs that they are materials specific.

The effect of chitosan coat on drug release could also be observed from the Figs. [15](#page-11-0) and 16. Chitosan is positively charged and hence interacts with negatively charged polymer macromolecules and polyanions in aqueous environment [\[59](#page-14-0)]. Its low solubility at physiological pH 7.4 together with its affinity for water absorption and swelling behaviour retard drug release. In all samples the burst release was greatly reduced (e.g. from about  $52 \mu g/ml$  to 37  $\mu$ g/ml of ceftriaxone in HAp samples) and the duration of release prolonged (e.g. from 4 to 35 days in  $\beta$ -TCP samples). As the chitosan coat swells it forms a diffusional barrier for the drug to leach into the dissolution medium. But in the case of drug loaded  $\beta$ -TCP samples the total amount of drug release is more than the release from uncoated TCP. This could be due to the affinity of binding between the drugs and  $\beta$ -TCP and the method of chitosan coating. The negative pressure applied along with the weakly acidic chitosan solution bubbled through the pores of sample could have detached the drug from the surface and allowed it to interact with the polymer forming a drugpolymer composite. However further studies on the chemistry of interaction between drugs biomaterials and polymers are needed for a better justification.

The flux of a substance across a porous layer is connected to two main parameters: its solubility in the interested solution (in this case the physiological liquids) and the possible physical or chemical bonds formed by its molecules with the walls of the pores of the delivery device. The porous layer, which comes into contact with the living tissues, must have a chemical and physical nature biocompatible with the surrounding living tissues. Moreover, its microstructure must be compatible with its target, which is the functional activity of flux regulation of delivering; in particular its pore size distribution must ensure a continuous controlled release over time for a functional use of the dispenser.

Irrespective of benefits claimed, limitations of this delivery system, as in case of any unforeseen, unpredictable, unfortunate, rare event demanding the removal of the delivery system it would not be possible without the support of a trained medical team, as with any implantable drug delivery system. Besides, local irritation may occur due to direct exposure with bone.

#### 4 Conclusions

A bone substitute, which also behaved as a drug delivery system, based on porous scaffolds of HAp and  $\beta$ -TCP, were successfully developed in the present work by applying together the techniques of starch consolidation and foaming method. Results of microstructure and pore size distribution confirmed the high percentage and high <span id="page-13-0"></span>interconnection of the porous scaffolds developed by this method. Among the materials studied, HAp exhibited better drug release profile than  $\beta$ -TCP when CFS was used alone; due to the higher affinity of the respective functional groups as supported by the results of surface potential. However, bilayered coating of chitosan with CFS provided prolonged release pattern for more than five weeks irrespective of the scaffold material, a period that is considered to be sufficient for local drug delivery to combat osteomyelitis. The study of SEM along with EDAX taken on the drug-chitosan bilayerd scaffold showed closest apposition of this combination to the calcium phosphate surface. This study leads to conclude that the ability of porous drug delivery systems developed by starch consolidation along with foaming method to release drug is highly influenced by the selection of carrier material. However, this restriction could be relaxed by forming a bilayered scaffold.

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